

Linda Hall, AMPbassador



From: Highlands Ranch, CO
Runner Since: 2012
Miles per Week: 9 miles
Favorite Distance: 5K
PR: 26:29 (2013)
Favorite All-Out Event: Summer Breeze



“All-Out is a big family—from the athletes to the staff.” Linda says she and fellow AMPbassador, Mike Hall, have had some memorable times at All-Out races, recalling when Mike finished a couple minutes ahead of her and was down on one knee when she got there to propose again on their 30th anniversary.

Favorite Quote:

“No matter how slow you run, you’re still lapping everyone on the couch.”