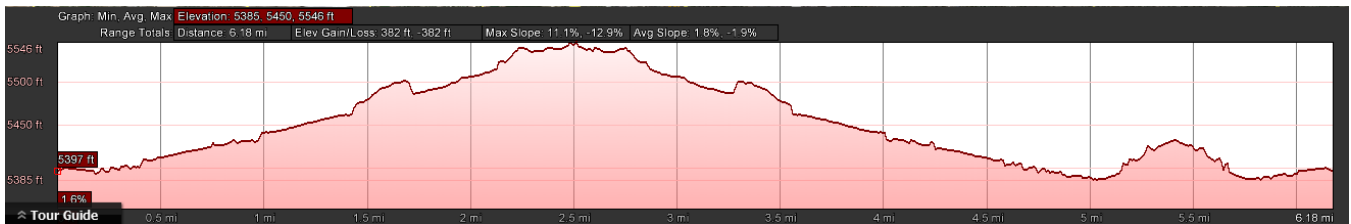


10K Course Map & Description



10K athletes will leave the Stenger parking lot toward the south to join up with Van Bibber Creek Trail. Making a right hand / westbound turn, athletes will run approximately 2.5 miles before turning around to return the way they came on this double out & back course. Athletes will pass the northbound path to complete the second short out & back, then turn around again and head for the finish line having had 5 opportunities to fuel up along the way.

Elevation Profile



**Interactive maps may be viewed at www.alloutmultipro.com.*